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| --- | --- | --- | --- | --- |
| **SEVEN SUMMITS** | **Peak** | **Height (m)** | **Country** | **First Climbed** |
| Everest | 8,848 | [Nepal](https://en.wikipedia.org/wiki/Nepal) | 1953 |
| Aconcagua | 6,961 | [Argentina](https://en.wikipedia.org/wiki/Argentina) | 1897 |
| Denali | 6,194 | [United States](https://en.wikipedia.org/wiki/United_States) | 1913 |
| Kilimanjaro | 5,895 | [Tanzania](https://en.wikipedia.org/wiki/Tanzania) | 1889 |
| Elbrus | 5,642 | [Russia](https://en.wikipedia.org/wiki/Russia) | 1874 |
| Puncak Jaya | 4,884 | [Indonesia](https://en.wikipedia.org/wiki/Indonesia) | 1962 |
| Kosciuszko | 2,228 | [Australia](https://en.wikipedia.org/wiki/Australia) | 1840 |