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| **Long jump competitors** | **Distance (m)** |
| Badenhorst L. | 6.1 |
| Sithole J.K. | 5.45 |
| Wilschutt F. | 5.2 |
| Memani R.P. | 4.37 |
| Van der Westhuizen D. | 4.8 |
| Baaitjies S. | 5.72 |
| **Average Distance** |  |