**Sustainability**

Sustainability is the ability to maintain or support a process continuously over time Citation 1, What is sustainability Mollenkamp). Climate change as seen in the rising levels of sea water, extreme storms, floods and droughts, has made people aware that the economic activity, production of goods at the cost of the planet cannot continue in its present form if life is to survive on the planet. Without a planet, we cannot live. There must be a balance between humanity's search for a better life, and the limitations nature places on what we can do Citation 2.

In general, when people think about sustainability, it is as actions taken today that will not diminish the opportunities of people in the future to enjoy similar levels of welfare Citation 3. We need to strive to save our planet and biodiversity because without it there cannot be life on Earth.

But saving our planet seems to be an unimaginably difficult task. What can we do? And does what we do really matter? In respect of the whole world each individual, especially a teenager at school really cannot make a difference, can we?

The good news is that not all is doom and gloom. Everyone needs to work together to make a difference, and what we do, no matter how small, will help.

The United Nations has formulated 17 goals in for sustainable developments in an action plan called the Sustainable Development Goals (United Nations , n.d.). These plans encompass more than just helping the planet survive. The SDGs offer a way to participate in helping to make the world a better place for all. It offers ideas of small changes that every person can take that will help our planet and all on it.

* + Type of source: Web site
  + Author: Mollenkamp, DT
  + Name of Web Page: What is Sustainability?
  + Name of Web Site: Investopedia
  + Year: 2023
  + Month: April
  + Day: 8
  + URL: https://www.investopedia.com/terms/s/Sustainability.asp

Delete when you have added the source