

Working method: Using this book

In looking at this book you will notice that it is divided into sections and chapters. Whilst it is possible to work through the book from the first through to the last chapter, we do not believe that it is the most effective way for learning to take place.

For this reason we have carefully worked out **themes** that combine content from different chapters. This will enable you to make connections between different topics, and obtain a far more comprehensive understanding.

Then why use chapters? The chapters make reference work easier. It is also easier to learn for examinations and tests as each chapter deals with a particular topic. You learn by thinking laterally and by making connections between different topics. You study by revising in a linear fashion, going through all the facts on the same topic sequentially.

In the rest of this guide, we will show you how to work through the chapters.

